

MAINE PRIMARY CARE ASSOCIATION CLINICAL EDUCATION RETREAT		June 27 th , 2019	
		8:30 AM – 3:30 PM	
		Lucerne Inn	
Meeting contact:	Greta Cummings: gcummings@mepca.org	Type of meeting:	Clinical Retreat
Facilitator:	Sarah Morrill, RN Quality Improvement Program Manager MPCA	Co-Facilitator:	Chris Pezzullo, DO Clinical Director MPCA
Theme:	Promising Practices in Chronic Disease Prevention and Self-Management		
Attendees:	Medical, Behavioral Health & Dental Providers and clinical staff		
Learning Objectives:	<ol style="list-style-type: none"> 1. To expose participants to the innovative, lifespan-approaches to addressing the burden of chronic disease. 2. To understand the impact of targeted prevention programming on patients with high risk for developing chronic disease. 3. To understand the impact of self-management programming on patients with chronic disease diagnosis. 4. To explore strategies for patient engagement around self-directed behavior change. 5. To identify the relationship between social determinants of health, childhood experience, and chronic disease. 6. To gain tools and resources for implementing evidence-based chronic disease management programs in community healthcare setting. 		
AGENDA ITEMS			
Topic	Facilitator	Time	
Breakfast and registration open		8:30 - 8:45 AM	
Welcome & Introductions <ul style="list-style-type: none"> • <i>Agenda review</i> • <i>Call to Action</i> 	Chris Pezzullo, DO Sarah Morrill, RN	8:45 – 9:00 AM	
Healing Across the Divides This session will focus on the relatively new field of peace through health; highlighting the opportunities for this type of work in the Israeli-Palestinian conflict and the role that Healing Across the Divides has played in measurably improving the health of marginalized Israelis and Palestinians. Primary care clinicians can learn about building peace through health in their own communities from this work. By way of introduction, health professionals and community groups working in their professional capacity can contribute to peace-building . While there are opportunities for peace-building through health in a variety of conflicts throughout the world, there are increasing challenges to achieving this in the Israeli-Palestinian conflict. Healing Across the Divides (HATD) takes the long term perspective and this session will summarize HATD's work over the past 15 years in which it has identified, funded and worked with local community groups to improve health for over 100,000 marginalized Israelis and Palestinians.	Nobert Goldfield, MD Healing Across the Divides Intro by Noah Nesin, MD PCHC	9:00 – 10:30 AM	

<p>Everyone with Diabetes Counts</p> <p>Everyone with Diabetes Counts (EDC) is a disparity reduction program. The goals of the program are to improve health equity by improving health literacy and quality of care among people with diabetes and pre-diabetes, including Medicare beneficiaries and individuals dually eligible for both Medicare and Medicaid. This presentations will include best-practices and evidence based strategies for engaging patients to become active participants in their care.</p>	<p>Amy Bennett, BS, LMT Program Coordinator Jenn McCarthy MEd, MS, LCPC Sr. Program Coordinator New England QIN/QIO (administered by Healthcentric Advisors)</p>	<p>10:30 - 11:30 AM</p>
<p>Lunch</p>		<p>11:30 - 12:30 PM</p>
<p>Chronic Disease Transformation Initiative</p> <p>PROPOSED: Maine CDC will present on their new project – the Chronic Disease Transformation Initiative, focused on prevention and self-management of Diabetes and Cardiovascular Diseases. In broad strokes, the initiative aims to connect patients with evidence-based prevention or self-management programs, with special attention to the FQHC primary care population.</p> <p>This session will include presentation of baseline chronic disease data, as well as an overview of National CDC priorities related to the burden of Diabetes and Cardiovascular Disease.</p>	<p>Greg Parent Maine CDC and TBD</p>	<p>12:30 - 1:30 PM</p> <p>(TENTATIVE)</p>
<p>The Life Course Approach to Maternal Child Health</p> <p>The life course approach to conceptualizing health care needs and services evolved from research documenting the important role early life events play in shaping an individual’s health trajectory. The interplay of risk and protective factors, such as socioeconomic status, toxic environmental exposures, health behaviors, stress, and nutrition, influence health throughout one’s lifetime.</p>	<p>Chris Pezzullo, DO and TBD</p>	<p>1:30 - 2:30 PM</p>
<p>Break</p>		<p>2:30 - 2:45 PM</p>
<p>Driving Change</p> <p>Next steps for FQHC network – brainstorm/goals</p> <p>Provider listening session – From Inspiration to Innovation</p> <ul style="list-style-type: none"> • What are the challenges? • Where are the divides in our communities? How does that effect population health? • What brings us together as an FQHC network? What can we build? 	<p>MPCA staff to facilitate</p>	<p>2:45 - 3:30 PM</p>