

Cultural and Linguistic Competence Training to Address Health Disparities

**Free Training & Continuing Education Credit
Lunch Provided**

University of New England

Portland Campus, Alumni Hall, Room 107
716 Stevens Ave., Portland, ME 04103

**April 24, 2019
9:00am – 4:00pm**

Training Objectives and Content:

At the conclusion of this training, participants will be able to:

1. Demonstrate increased self-awareness of racial, ethnic and class biases.
2. Define cultural and linguistic competency and indicate familiarity with the stages of cultural competency (or continuum).
3. Describe the implications of demographic trends for health and mental health disparities.
4. Identify links between racial, social, educational, and health inequities and disparities.
5. Integrate National CLAS Standards into practice and service providing.
6. Describe how cultural beliefs shape clinical encounters and patients' health and mental health outcomes.
7. Incorporate cultural and linguistic competence into service providing.



Maria Mercedes Avila, PhD, MSW is Associate Professor of Pediatrics and the Leadership Education in Neurodevelopmental Disabilities (LEND) Program Director at the University of Vermont Larner College of Medicine. Dr. Avila provides consultation on Cultural and Linguistic Competency and has trained more than 6000 providers

across 16 states and 52 organizations. Since 2011, Dr. Avila has been invited to lead 28 national presentations and 100+ regional sessions on topics related to National CLAS Standards, health disparities, social justice in health care, culturally responsive care and practice, and cultural competence in advocacy and leadership.

CEUs/CMEs

This training is approved for Continuing Education Credits for the following Accreditation Entities:

- CEU / Contact Hours: approved for continuing nursing education by the Northeast MultiState Division of the American Nurses Credentialing Center's Commission on Accreditation. This educational event supports 5.5 Contact Hours.
- CME: approved by the New Hampshire Medical Society, accredited by the ACCME. This educational activity is designated for a maximum of 5.5 Category 1 CreditsTM towards the AMA Physicians Recognition Award.
- Psychology and Licensed Mental Health Counselor: 5.5 Continuing Education Credits approved by these professions' Boards of Examiners.
- Social Work Credits Attendees will receive workshop information for them to apply directly to NASW-VT for individual application.
- Health Care Interpreters: This program is nationally accredited by the Certification Commission for Healthcare Interpreters for 5.5 instructional hours.

Content Description:

During this full-day workshop, attendees will better understand cultural and linguistic competency definitions and principles. In the context of health care delivery and care, Dr. Avila will address race, culture and systems of generational oppression in our country. She will present data and literature on health disparities to further raise self-awareness of racial, ethnic, class, and gender biases. She will introduce the National Standards of Culturally and Linguistically Appropriate Services in Health and Health Care developed by the US Department of Health and Human Services.

Registration deadline: April 1, 2019 at 5pm.

To register, visit: <https://www.surveymonkey.com/r/CLCTraining19>

For questions, contact Zoe Hull at zhull@une.edu or (207) 221-4463