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| **MAINE PRIMARY CARE ASSOCIATION** **Clinical Education Retreat**  | **June 27th, 2019**  |
| **8:30 AM – 3:30 PM** |
| **Lucerne Inn**  |
| **Meeting contact:**  | Greta Cummings: **gcummings@mepca.org**  | **Type of meeting:**  | **Clinical Retreat**  |
| **Facilitator:**  | **Sarah Morrill, RN****Quality Improvement Program Manager** **MPCA** | **Co-Facilitator:**  | **Chris Pezzullo, DO****Clinical Director****MPCA** |
| **Theme:**  | Promising Practices in Chronic Disease Prevention and Self-Management |
| **Attendees:**  | Medical, Behavioral Health & Dental Providers and clinical staff  |
| **Learning Objectives:**  | 1. To expose participants to the innovative, lifespan-approaches to addressing the burden of chronic disease.
2. To understand the impact of targeted prevention programming on patients with high risk for developing chronic disease.
3. To understand the impact of self-management programming on patients with chronic disease diagnosis.
4. To explore strategies for patient engagement around self-directed behavior change.
5. To identify the relationship between social determinants of health, childhood experience, and chronic disease.
6. To gain tools and resources for implementing evidence-based chronic disease management programs in community healthcare setting.
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| **AGENDA ITEMS**  |
| **Topic**  | **Facilitator**  | **Time**  |
| **Breakfast and registration open**  |  | 8:30 - 8:45 AM |
| ***Welcome & Introductions*** * *Agenda review*
* *Call to Action*
 | **Chris Pezzullo, DO** **Sarah Morrill, RN**  | 8:45 – 9:00 AM  |
| **Healing Across the Divides** This session will focus on the relatively new field of peace through health; highlighting the opportunities for this type of work in the Israeli-Palestinian conflict and the role that Healing Across the Divides has played in measurably improving the health of marginalized Israelis and Palestinians. Primary care clinicians can learn about building peace through health in their own communities from this work.By way of introduction, health professionals and community groups working in their professional capacity can contribute to **peace-building.** While there are opportunities for peace-building through health in a variety of conflicts throughout the world, there are increasing challenges to achieving this in the Israeli-Palestinian conflict. Healing Across the Divides (HATD) takes the long term perspective and this session will summarize HATD's work over the past 15 years in which it has identified, funded and worked with local community groups to improve health for over 100,000 marginalized Israelis and Palestinians.  | **Nobert Goldfield, MD****Founder & CEO, Healing Across the Divides Inc.****Primary Care Provider, Brightwood Riverview Health Center, Springfield, MA** **Founder & CEO, Ask Nurses and Doctors Inc** **Intro by Noah Nesin, MD****PCHC** | 9:00 – 10:30 AM |
| **Everyone with Diabetes Counts**Everyone with Diabetes Counts (EDC) is a disparity reduction program. The goals of the program are to improve health equity by improving [health literacy](https://qioprogram.org/resources/glossary#Health_literacy) and quality of care among people with diabetes and pre-diabetes, including Medicare beneficiaries and individuals dually eligible for both Medicare and Medicaid. This presentations will include best-practices and evidence based strategies for engaging patients to become active participants in their care.  | **Amy Bennett, BS, LMT****Program Coordinator****New England QIN/QIO (administered by Healthcentric Advisors)** | 10:30 - 11:30 AM  |
| **Lunch** |   | 11:30 - 12:30 PM  |
| **Oral Health and Chronic Disease** Oral health is an integral part of overall health. The delivery of oral health care must be integrated into a broader health care delivery with a focus on prevention. Since safety-net oral health programs provide services to underserved populations with a heavy burden of disease, it is important that they provide quality, evidence-based care. This presentation will provide structure, options, and suggestions to help Health Centers develop programs to implement oral health competencies which integrate oral health care into primary care practice, increasing access to oral health care and improving the oral health status of the populations Health Centers serve. | **Holly Kingsbury, MPH****Oral Health Program Manager, CO Community Health** **Network****Carol Niforatos, MD Colorado Coalition for the Homeless****Amanda Ozee,** **CO Department of Public Health and Environment** | 12:30 - 1:30 PM  |
| **The Life Course Approach to Maternal Child Health** The life course approach to conceptualizing health care needs and services evolved from research documenting the important role early life events play in shaping an individual’s health trajectory. The interplay of risk and protective factors, such as socioeconomic status, toxic environmental exposures, health behaviors, stress, and nutrition, influence health throughout one’s lifetime.This presentation will explore how social determinants of health and adverse childhood events impact health across the lifespan. We will provide tools to screen for and address some of these barriers to whole health, both within primary care practices and through effective community partnerships. | **Chris Pezzullo, DO****Clinical Director MPCA****Erika Lichter, ScD****Assoc. Research Professor, Muskie School /USM &****Lead Maternal-Child Health Epidemiologist, Maine CDC****Hillary Colcord, LSW****Health Equity Program Manager, MPCA** | 1:30 - 2:30 PM |
| **Break**  |   | 2:30 - 2:45 PM  |
| **Driving Change**  **Next steps for FQHC network – brainstorm/goals** Provider listening session – From Inspiration to Innovation* What are the challenges?
* Where are the divides in our communities? How does that effect population health?
* What brings us together as an FQHC network? What can we build?
 | **MPCA staff to facilitate**  | 2:45 - 3:30 PM |